A challenging day mountain bike ride to the west of Nowra. Yalwal Rd climbs into remote bushland (it will be a rare event to see other humans during the week) and you can visit lookouts with stunning views over deep creek valleys. From the highest point, you descend to the Shoalhaven River at Burrier (an 1820’s Mary Reiby land grant – her descendants still farm there) and follow this beautiful river back to Nowra.