

SOUTH NOWRA – NOWRA HILL – WORRIGEE – SOUTH NOWRA

kms

- 0.0 Leave Rotary Park along Flinders Rd
- 2.1 Turn **LEFT** into Albatross Rd; marked "Cycle Lane" road shoulder.
- 2.9 **Caution** – "squeeze" point – narrow bridge. Road then begins a steady climb, getting steeper at about 5.8 kms.
- 6.5 End of Cycle Lane – narrow road without a sealed shoulder.
- 7.1 To follow this Ride, turn **LEFT** [PRINCES HWY, BTU RD]. Australian Aviation Museum on **RIGHT**. HMAS Albatross (Defence Base – no admittance to the public) straight ahead.
- 8.1 Road to Nowra Hill Lookout on **RIGHT** – short steep climb. BTU Rd continues to climb for a short distance, then starts a long down to the Princes Hwy.
- 11.7 Turn **RIGHT** onto Princes Hwy. Rough shoulder – Careful of 100 km/hr traffic.
- 12.2 Turn **LEFT** into [FOREST RD, CURRARONG]. Gravel road starts after 400 m.

Start Point:

Map Ref:

Ride Finishes:

Total Distance:

Degree of Difficulty:

Bike Recommended:

Cautions:

Allow:

Rotary Park, Princes Hwy, South Nowra
Nowra ND L8

Rotary Park, Princes Hwy, South Nowra
22.5 kms

Easy

MTB

"Squeeze" point on Albatross Rd

Two and a half hours

- 14.5 Turn **LEFT** onto fire trail – [VINEYARD RD]. Generally downhill for the next 2.5 km; may be muddy and slippery, poorly drained after wet weather.
- 16.6 Turn **LEFT** on major track – straight through is dead end at back of golf course.
- 17.4 Turn **RIGHT** – this is the beginning of Worrige Rd – now watch for vehicles.
- 18.3 Entrance to Cemetery and Crematorium on **RIGHT**. Bitumen starts.
- 19.1 Turn **LEFT** on gravel track just past house (No 268 Worrige Rd). Track is not maintained, low-lying, rough, very muddy in patches.
- 20.4 Turn **RIGHT**. Similar track

follows water line. After 600 m, begins to climb.

21.5 Straight across [OLD SOUTHERN RD] into [QUINNS LANE] – bitumen.

22.4 Straight across Princes Hwy into Rotary Park and finish.

Public Toilets: At start/finish point (Rotary Park) only

Shops/Facilities/Water: Water only at start/finish point, toilets/water; Aviation Museum.

Bike Shops, emergency spares: See shops for Nowra, p 6.

Variations on this route/alternative activities:

1. Spend some time at the *Australian Aviation Museum*. For an easy road ride, return to South Nowra by BTU Rd and the Princes Hwy (busy road, but has a sealed shoulder).

A short, easy ride offering a variety of attractions and terrain. There is a cycle lane most of the way to the Naval Aviation Museum and a long downhill run on bitumen from the Nowra Hill Lookout to the Princes Highway. Return to the start point is along fire trails through the Currumbene Forest.

