

## BOODEREE NATIONAL PARK: VISITORS CENTRE – ELLMOOS RD – BHERWERRE BEACH – CAVE BEACH – BOTANIC GARDENS – VISITORS CENTRE

<b>Start Point:</b>	Visitors Centre, Booderee National Park
<b>Map Ref:</b>	Nowra ND T14
<b>Ride Finishes:</b>	Visitors Centre, Booderee National Park, Jervis Bay
<b>Total Distance:</b>	23.6 kms
<b>Degree of Difficulty:</b>	Medium
<b>Bike Recommended:</b>	MTB.
<b>Cautions:</b>	No services, water for 18 km, steep down at 3km
<b>Allow:</b>	Two and a half hours

A fairly easy bush and beach ride. A quiet sandy/gravel road follows the eastern shore of St Georges Basin (a number of small, grassed picnic areas on your right) until it reaches the ocean inlet (Sussex Inlet). You can then cross the sand dunes onto Bherwerre Beach and, at low tide, cycle north-east along the Beach to Cave Beach. Join the bitumen and after a visit to the Booderee Botanic Gardens, complete the circuit to the Visitors Centre.

### kms

- 0.0 Leave the Visitors Centre on [ELLMOOS RD]. A steady climb on gravel which soon levels out. Narrow road, watch for the occasional car.
- 2.9 **Very** steep descent for 400 metres.
- \*8.9 Keep **LEFT** following [LUMEAH] sign. Road on right goes to private properties, guest houses, Kullindi Bistro, etc.
- \*\*11.3 Turn **LEFT** at Steel gate, track with sign [SERVICE ROAD – WALKERS ONLY]. Walk along track for 500 metres over sand dunes to beach.
- 11.8 Bherwerre Beach. At low tide (check tide charts at Visitors Centre, local paper etc) it should be easy to cycle along near the water line. It is 6 kms to Cave Beach, so if progress is too difficult, return to Ellmoos Rd by the sandy track.
- 17.3 Cave Beach. Very rough, narrow track leads to Camping area.
- 17.8 Cave Beach picnic and camping area. Water, toilets here. Good gravel track (climbs steeply) leads to Parking Area and bitumen road. Climbs to Gardens.
- 20.5 [BOODEREE BOTANIC GARDENS]. Open daily. Toilets, picnic areas.
- 22.6 Turn **LEFT** onto Jervis Bay Rd.
- 23.6 Back to Visitors Centre.

**Public Toilets:** Visitor's Centre, Cave Beach Camping Ground, Botanic Gardens.

**Shops/Facilities:** Water only at Visitor's Centre, Cave Beach Camping Ground.

Kullindi Bistro on Sussex Inlet open during the day in the tourist season.



**Bike Shops, emergency spares:** Basically Nowra (see p 6) but emergency spares may be found at hardware stores.

### Variations on this route/alternative activities:

- \*8.9 A boat crossing to Sussex Inlet township may be made by arrangement with Sussex Inlet Marine (for a fee) if the proprietors of "Kullindi" allow access to their jetty.
- \*\*11.3 Continue for 500 metres then turn **RIGHT** onto sandy track. Ride for 200 metres brings you out at "Lone Pine" a grassy picnic area on Sussex Inlet. Return to Visitors Centre by Ellmoos Rd for a gravel/sandy road ride of 24 kms.

