

# HERE FOR HEALTH



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## STATEWIDE & NATIONAL SERVICES

### Ending HIV

[endinghiv.org.au](http://endinghiv.org.au)

An ACON campaign focused on ending HIV transmission among gay men through testing often, treating early and staying safe

### Minus18 (National)

[facebook.com/minus18youth](https://facebook.com/minus18youth)

[minus18.org.au](http://minus18.org.au)

Youth led social & support organisation for gay, lesbian, bisexual & trans youth

### NSW Sexual Health Info Link

1800 451 624

[shil.nsw.gov.au](http://shil.nsw.gov.au)

Phone and online sexual health service for sexual health, specialising in HIV and STI risk assessment, testing, treatment and support

### QLife (National)

1800 184 527

[qlife.org.au](http://qlife.org.au)

LGBTIQ phone & online counselling service operating every day from 3pm - midnight

### The Institute of Many - TIM (National)

[facebook.com/theinstituteofmany](https://facebook.com/theinstituteofmany)  
[theinstituteofmany.org](http://theinstituteofmany.org)

Grassroots movement of people living with HIV (PLHIV) who run Australia's largest online community for PLHIV

### Gay and Lesbian Rights Lobby (NSW)

[glrl.org.au](http://glrl.org.au)

Referral and resources on gay and lesbian rights for the media, policy makers and the community

### NSW Needle and Syringe Program (NSP) Outlets

[health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx](http://health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx)

Where to access sterile injecting equipment & services that offer advice, information and referral

### Organisation Intersex International (OII) Australia (National)

[facebook.com/oii.au](https://facebook.com/oii.au)

[oiiaustralia.com](http://oiiaustralia.com)

Information, education & peer support for intersex people, their family & friends

### The Bobby Goldsmith Foundation (NSW)

02 9283 8666 | 1800 651 010

[bgf.org.au](http://bgf.org.au)

Counselling, housing, study, employment & financial support for people living with HIV

### Twenty10 (NSW)

02 8594 9555 (intake)

02 8594 9550 (admin)

[twenty10.org.au](http://twenty10.org.au)

Specialist support for young people of diverse genders & sexualities, & intersex status

### Inner City Legal Centre (NSW)

1800 244 481

[iclc.org.au](http://iclc.org.au)

Expert specialist legal advice for LGBTIQ people anywhere in NSW

### NSW Police Gay & Lesbian Liaison Officers

[tinyurl.com/NSWPolice-GLLO](http://tinyurl.com/NSWPolice-GLLO)

Many police stations will have a GLLO but if you cannot locate one, contact the NSW Region Sponsor, Sexuality, Gender Diversity & Intersex

### Positive Life NSW

02 9206 2177 | 1800 245 677

[positivelife.org.au](http://positivelife.org.au)

Information, support, referral and advocacy for people living with HIV in NSW

### The Gender Centre (NSW)

02 9569 2366 | 1800 069 115

[gendercentre.org.au](http://gendercentre.org.au)

Trans & gender diverse accommodation service, & education, support, training & referral centre

## ACON Regional Outreach

1800 063 060 | [regionaloutreach@acon.org.au](mailto:regionaloutreach@acon.org.au)

[acon.org.au](http://acon.org.au) | [f/aconsouthernnsw](https://facebook.com/aconsouthernnsw)

We're here to support LGBTIQ people & communities, and people with HIV across regional NSW take control of their health by providing a range of local, outreach and remote programs, campaigns & services, including: peer education, sexual health info & resources, counselling, referrals, inclusive practice training & strengthening supportive environments



# HERE FOR SHOALHAVEN



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## LOCAL LGBTI SOCIAL AND SUPPORT GROUPS

### Police Gay & Lesbian Liaison Officers (GLLO)

02 4421 9699 (Nowra)

[tinyurl.com/NSWPolice-GLLO](http://tinyurl.com/NSWPolice-GLLO)

Many police stations will have a GLLO but if you cannot locate one, contact the NSW Region Sponsor, Sexuality, Gender Diversity & Intersex

### PFLAG Illawarra

[Pflagillawarra.southern@gmail.com](mailto:Pflagillawarra.southern@gmail.com)

0408 551 799 (Noeline)

Social/support network for parents, families & friends of LGBTI people

### Parents of Trans Kids Group

02 4221 5388 (Headspace)

[info@headspacenowra.org.au](mailto:info@headspacenowra.org.au)

Support group for parents of transgender and gender diverse or gender questioning children (of all ages)

### Shoalhaven Gay Men's Social Group

[Sgmsg18@gmail.com](mailto:Sgmsg18@gmail.com)

A social group for guys living or visiting the Shoalhaven, with regular dinners and social events. Please email the group to be added to the closed Facebook group

### South Coast Rainbow Community

**Page:** [facebook.com/SouthCoastRainbowCommunity](https://facebook.com/SouthCoastRainbowCommunity)

**Group:** [facebook.com/groups/SouthCoastRainbowCommunity](https://facebook.com/groups/SouthCoastRainbowCommunity)

A NSW South Coast social and support group for lesbian, gay, bi, trans, intersex and queer (LGBTIQ+) people, our families and friends

### Lesbians in the Shoalhaven Area (LISA)

0416 293 281 (Moiria)

Social group for lesbians living in the Shoalhaven. LISA meets for breakfast on the second Sunday of every month

## LOCAL HIV AND STI SERVICES

### Nowra Sexual Health Clinic

02 4423 9353

Shoalhaven District Hospital

Testing & treatment for HIV, STIs, and Hepatitis B & C, access to PrEP & PEP, information and advice on sexual health, vaccination for Hepatitis A & B. Free condoms and lube

### Local Needle and Syringe Program (NSP)

[Sgmsg18@gmail.com](mailto:Sgmsg18@gmail.com)

Details of local NSPs in the Shoalhaven where you can access sterile injecting equipment, advice, information & referral

### Grand Pacific Health Centre

[gphnowra.org.au](http://gphnowra.org.au)

02 4448 2255

Offers primary health services including sexual health testing

## ACON Regional Outreach

1800 063 060 | 02 9206 2113 |

0437 651 752 (John) | [f/aconsouthernsw](https://facebook.com/aconsouthernsw)

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