

16 March 2011

## Seniors Week @ your library

Shoalhaven Libraries is celebrating NSW Seniors Week 2011 by holding a week of free activities each day from 10am. At each of the following events there will be morning tea provided for each session:

- Monday 21 March – Caravan and Camping Information Session, 10am to 12pm
- Tuesday 22 March – Grandparents story time, 10am to 11am
- Wednesday 23 March – Internet and Mobile phone use training, 10am to 12pm
- Thursday 24 March – composting workshop, 10-11am
- Friday 25 March – social dancing, 10am to 12pm

Each event will be held in Shoalhaven Libraries, Nowra, Berry St, Nowra.

NSW Seniors Week runs from 21 to 28 March. With more than 700 events planned under the LIVE LIFE banner, it is one of the biggest celebrations for seniors in the southern hemisphere.

NSW Seniors Week is funded by the NSW Government and organised by Ageing, Disability and Home Care (ADHC) to recognise and thank older people across the State for the contributions they provide to the community.

The free official event program will be available from 1 March online at [www.nswseniorsweek.com.au](http://www.nswseniorsweek.com.au).

**What:** Seniors Week@your library

**When:** 21 to 25 March 2011

**Time:** From 10am each day

**Where:** Shoalhaven Libraries Nowra, 10 Berry Street Nowra

**Cost:** Free with morning tea provided

Bookings or enquiries to Robin Sharpe on (02) 4429 3701 or [Sharpe@shoalhaven.nsw.gov.au](mailto:Sharpe@shoalhaven.nsw.gov.au)

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